

A Chain of Events that Leads to Adultery

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1. Presence of certain internal and / or external circumstantial factors.
2. Growing awareness of a particular person
3. Time spent thinking about the person's attractiveness
4. Unplanned, innocent meetings, contacts.
5. Spend time comparing with present mate.
6. Spend time thinking about personal unhappiness.
7. Planned, intentional contacts.
8. After occasion – seek other person out for conversation.
9. Continue fellowship with this person after others depart.
10. Increasing awareness of good feelings when you are with the other person.
11. Compare the way you feel about this person with the way you feel about your mate.
12. Compare the way you are treated by this person with the way you are treated by your mate.
13. Look for ways you can be with the other person for apparently legitimate reasons.
14. Exchange of apparently innocent forms of physical contact.
15. Escalates to more passionate embracing and kissing.
16. Practice denial, and start rationalizing.
17. Experience struggles with your conscience.
18. Desire for contact with each other continues.
19. Actual sexual involvement.
20. Frequent covert meetings.
21. Double life.
22. Others are suspicious and confront you.
23. Defensiveness, denial.
24. Truth revealed or exposed.
25. Decision time (1 of 3 choices)
 - a. Decide to continue the adultery and remain married
 - b. Make plans to separate or get divorce
 - c. Repent and seek to rebuild your marriage