

Exercise in applying God's Word to our daily lives:

1. Read the following verses from Psalms 119:

2 Blessed are they who keep his statutes and seek him with all their heart. 5 Oh, that my ways were steadfast in obeying your decrees! 7 I will praise you with an upright heart as I learn your righteous laws. 9 How can a young man keep his way pure? By living according to your word. 10 I seek you with all my heart; do not let me stray from your commands. 11 I have hidden your word in my heart that I might not sin against you. 12 Praise be to you, O LORD; teach me your decrees. 13 With my lips I recount all the laws that come from your mouth. 14 I rejoice in following your statutes. I meditate on your precepts and consider your ways. 18 Open my eyes that I may see wonderful things in your law. 20 My soul is consumed with longing for your laws at all times. 24 Your statutes are my delight; they are my counselors. 25 I am laid low in the dust; preserve my life according to your word. Let me understand the teaching of your precepts; then I will meditate on your wonders. 28 My soul is weary with sorrow; strengthen me according to your word. 30 I have chosen the way of truth; I have set my heart on your laws. 32 I run in the path of your commands, for you have set my heart free. 33 Teach me, O LORD, to follow your decrees; then I will keep them to the end. 34 Give me understanding, and I will keep your law and obey it with all my heart. 35 Direct me in the path of your commands, for there I find delight. 36 Turn my heart toward your statutes and not toward selfish gain. 37 Turn my eyes away from worthless things; preserve my life according to your word

2. Highlight or circle the words that describe David.

Write down in your journal the words that describe David.
Comment on whether you see this characteristic in your life as well.

3. Highlight or circle the phrases which speak of or imply action

Write down in your journal the actions that David took in his life
Circle the actions that are possible for you to take
Ask yourself how you can specifically implement these actions in your life

4. Highlight or circle the words or phrases that denote a result

Write down in your journal the specific results that David saw

5. Summarize the application to your life

State the specific actions in your journal that you will take along with the expected result in sentence form

I will do _____ in order that I might _____.