

## How can we help?

5/4/2004

1. What does the bible say about life and finding help?
  - ✓ II Peter 1:3 \_\_\_\_\_
  - ✓ Romans 15:4 \_\_\_\_\_
  - ✓ Romans 15:14 \_\_\_\_\_
  - ✓ James 1:2-7 \_\_\_\_\_
  - ✓ Colossians 1:9-12 \_\_\_\_\_
  - ✓ I Corinthians 10:13-14 \_\_\_\_\_
  - ✓ II Corinthians 5:9 \_\_\_\_\_
  
2. What specifically is the issue we are trying to resolve?
  
  
  
  
  
  
  
  
  
  
3. What are the circumstances that have led up to it?
  
  
  
  
  
  
  
  
  
  
4. What are each of you feeling about the situation?
  
  
  
  
  
  
  
  
  
  
5. What are each of you thinking about the situation?
  
  
  
  
  
  
  
  
  
  
6. What would you look to have happen or not happen when the issue is resolved?
  
  
  
  
  
  
  
  
  
  
7. Homework
  - ✓ Read the pamphlets by Jay Adams and Jerry Bridges. Underline points which speak to you and then come prepared to discuss them next week.
  - ✓ Read Psalms 119:1-64 at five different times during the week
    - List the specific things you see from these verses that are similar to your situation
    - List the things that David did to find help
  - ✓ Pray three times this week the counseling sessions and wisdom to know what to do

- ✓ Attend small group and Sunday morning worship every week. Record in your bible journal specific things you've learned from the word of God and what actions the Holy Spirit prompts you to take.