

## ASSIGNMENT CURRICULUM INSTRUCTIONS

Course Name: Counseling Children Course #: CC402

Professor: Lloyd McKee Credits: 4

Textbook (s): Dare to Discipline by James Dobson

Critical Problems in Children by Grant Martin

### **Suggested Outside Reading:**

Counseling Problems of Self-Control	Richard Walters
Teaching Children Values	Linda & Richard Eyre
Teaching Children Responsibility	Linda & Richard Eyre
Teaching Children Sensitivity	Linda & Richard Eyre
Teaching Children Joy	Linda & Richard Eyre
Hide and Seek	James Dobson
The Strong Willed Child	James Dobson
Helping Victims of Sexual Abuse	Lynn Heitritter & Jeanette Vought
Pain and Pretending	Rich Buhler
My Father's Child	Lynn Elliott & Vicki Tanner
The Wounded Heart	Dan Allender
We Weep for Ourselves and Our Children	Joanne Feldmeth & Midge Finley
Counseling Teenagers	Keith Olson

### **Introduction to this course:**

The most critical problems facing children and youth today will be considered. Methods and techniques used in counseling will be critiqued and recommended.

**Purpose of this course:**

1. To educate the counselor regarding the problems that children and youth face today.
2. To familiarize the Christian counselor with various techniques being used with children today and provide insight into the best Biblical method available.
3. To provide the student with helpful resources to counsel children.

**Course Outline:**

- A. Introduction
- B. How to counsel Attention-Deficit Hyperactivity Disorder.
  1. What is ADHD?
  2. How to diagnose ADHD?
  3. What are the causes of ADHD?
  4. What are the assessment procedures for ADHD?
  5. How to treat ADHD.
  6. What about medication. Is it Biblical?
- C. How to Counsel the Sexually Abused.
  1. What is sexual abuse?
  2. What are the effects of sexual abuse?
  3. What are the symptoms of sexual abuse?
  4. How to diagnose sexual abuse?
  5. How to counsel the sexually abused.
- D. How to Counsel childhood Trauma, Dissociative states and Ritual abuse.
  1. What is childhood trauma, dissociative states and ritual abuse?
  2. How to diagnose childhood trauma, dissociative states and ritual abuse.
  3. How to treat and assess the damage of those effected by these disorders.

- E. What about Custody Problems.
  - 1. Should the Christian counselor get involved?
  - 2. What should the counselor be aware of in custody cases.
  - 3. How to counsel children in custody cases.
- F. Practical Helps for Parents, teachers, and counselors in dealing with children.
  - 1. How to teach values, standards, and beliefs to children.
  - 2. How to deal with children who are low achievers.
  - 3. How to motivate children to do right.
  - 4. How to teach morality.
  - 5. How to drug proof children.

**Results expected from completing this course:**

- 1. The counselor will have a good understanding of the problems that children and youth face today.
- 2. The Christian counselor will be aware of the various techniques being used with children today and gain insight into the best Biblical method available.
- 3. The student will become acquainted with many helpful resources to counsel children.

## **Mailing instructions:**

**The student must mail the completed materials in with a self-addressed, pre-paid envelope for return of the testing paperwork.**

## **STUDENT ASSIGNMENT:**

1. The student will read the assigned text "Dare to Discipline." This assignment will count as 10% of your final grade.
2. Read a total of 600 pages from the suggested book list including the text. This assignment will count as 10% of your final grade.
3. Do a term project covering one of the topics discussed in this course. Use at least five sources from secular as well as noted Christian counselors. Evaluate the method used by each source to counsel children and explain what you like and dislike about the method. In addition, explain whether the method is Biblical and give your reasons with scripture to support your argument. Each source you choose should take no less than two type-written pages to complete. This assignment will count as 30% of your final grade
4. Do a 4 to 5 page critique on the text "Dare to Discipline." What points do you agree with and what points do you disagree with the author. List your arguments and back them up with scripture. This assignment will count as 20% of your final grade.
5. Do the following self-test. In the course outline answer the questions listed under sub-headings B through D. Each heading should take no less than two type-written pages with the total project equaling six to ten pages. You may use any of the abuse books as well as Martin Grants book on counseling children in your response to this self test. Check the Bible college or seminary library nearest you to find the books needed for this project. You can order these books through you local Christian book store if you wish to have your own copy. This project will count as 30% of your final grade.