

50 Questions To Ask Your Spouse

- 1. What are your 5 favorite foods, with the most favorite first?*
- 2. What are your 5 favorite kinds of meals, with the most favorite first?*
- 3. What are your 5 favorite desserts, with the most favorite first?*
- 4. What are your 5 favorite restaurants, with the most favorite first?*
- 5. What is your favorite color?*
- 6. What are your 5 favorite hobbies, with the most favorite first?*
- 7. What are your 5 favorite recreations, with the most favorite first?*
- 8. What are your 5 favorite sources of reading, with the most favorite first?*
- 9. What gifts do you like?*
- 10. What is your favorite books(s) of the Bible? Why?*
- 11. What is your favorite verse(s) of the Bible? Why?*
- 12. What is your favorite song?*
- 13. What makes you the most fulfilled or happiest as a woman/man?*
- 14. What makes you the most fulfilled or happiest as a wife/husband?*
- 15. What makes you the most fulfilled or happiest as a mother/father?*
- 16. What makes you saddest as a woman/man?*
- 17. What makes you saddest as a wife/husband?*
- 18. What makes you saddest as a mother/father?*
- 19. What do you fear the most?*
- 20. What other fears do you have?*
- 21. What do you look forward to the most?*
- 22. How much sleep do you need?*
- 23. What do you consider to be your skills?*
- 24. What do you believe to be your spiritual gifts?*
- 25. What are your weaknesses?*
- 26. To ask wife: What things (personal, home, car, etc.) need repairing?
To ask husband: What things around the home need to be cleaned?*
- 27. To ask wife: With what chores and responsibilities do you like my help?
To ask husband: How can I make it easier for you to lead our family?*
- 28. What caresses do you enjoy the most?*
- 29. What caresses do you enjoy the least?*
- 30. What action of mine provides you the greatest sexual pleasure?*

50 Questions To Ask Your Spouse (cont.)

31. *What other things stimulate you sexually?*
32. *At what times do you need assurance of my love the most?*
33. *How can that love be shown?*
34. *What can I do that will make it easier to discuss and work on areas or problems that are uncomfortable to you?*
35. *What concerns do you have that I do not seem interested in?*
36. *What things do I do that irritate you?*
37. *What desires do you have that we haven't discussed?*
38. *What do you enjoy doing with me, with the most enjoyable first?*
39. *What things can I do that show my appreciation of you?*
40. *What varying desires (spiritual, physical, emotional, intellectual, social, worth, appreciations, recreational, security, etc.) would you like me to provide?*
41. *To ask wife: In what ways would you like me to protect you (physically, spiritually, socially, emotionally)?*
To ask husband: In what ways would you like me to respect and reverence you?
42. *In what ways would you like me to sacrifice for you?*
43. *What things do you see by my actions that I place first in my life?*
44. *What implied or unspoken desires and wishes of yours would you like for me to fulfill?*
45. *What concerns and interests of yours would you like me to support?*
46. *How much time would be good for us to spend together each day?*
47. *In helping family members to use their skills and develop their abilities, what motivating factors would be helpful for me to use?*
48. *What can I do that provides the greatest comfort and encouragement for you when you are hurt, fearful, anxious or worried?*
49. *What personal habits do I have that you would like changed?*
50. *What ways demonstrate to you that you are a very important person who is as important or more important than I am?*